

# wild Adventure

## Wild Adventure Themes– Formal Pathway

Year 7

- **Forest School**
- Woodland maintenance tasks
- Using tools
- Fire lighting
- Land art
- Conservation work
- Rope maze

Year 8

- **Outdoor Fitness**
- Tyre Boot camp
- Obstacle Course
- Bikes
- Walks in the local area
- Outdoor clothing
- Review of previous themes - student choice

Year 9

- **Camping and Walking**
- Packing a rucksack
- Shelter building & Pitching tent
- Fire Building
- Stove cooking
- Basic First Aid
- Review of previous themes - student choice

Expedition

- **On site camping residential**

Year 10

### **Orienteering**

- Use of map and compass
- On and off site orienteering course
- Treasure hunt
- Teamwork activities - directed
- Archery
- Review of previous themes - student choice

Year 11

### **Expedition**

- Teamwork challenges - undirected
- Caving
- Climbing
- Leader development
- Theoretical planning activities
- Review of previous themes - student choice

Expedition

- **Off-site residential**
- **Day challenge events**

