WEEK 1

STEP 1 Choose from...	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main option	Cheese & Tomato Pizza	Minced Beef and Yorkshire Pudding	Roast Pork	Turkey Meatballs in A Tomato Sauce	Cod in Batter
or	or	or	or	or	or
Veggie option	Veggie Sausage & Tomato Relish	Quorn Fillet	Cheese & Onion Pasty	Big Beans Chilli	Roasted Vegetable Pasta Bake
or	or	or	or	or	or
Classic Combo option (Jacket Potato, Pasta, Wrap)	Baked Beans, Grated Cheese, Tomato & Basil Sauce, Ham Sandwich, Cheese Sandwich, Tuna Mayo	Baked Beans, Grated Cheese, Tomato & Basil Sauce, Ham Sandwich, Cheese Sandwich, Tuna Mayo	Baked Beans, Grated Cheese, Tomato & Basil Sauce, Ham Sandwich, Cheese Sandwich, Tuna Mayo	Baked Beans, Grated Cheese, Tomato & Basil Sauce, Ham Sandwich, Cheese Sandwich, Tuna Mayo	Baked Beans, Grated Cheese, Tomato & Basil Sauce, Ham Sandwich, Cheese Sandwich, Tuna Mayo
STEP 2 To go with Vegetables / Salad					
	Peas	Sweetcorn	Carrots	Sweetcorn	Mushy Peas
	Baked Beans	Carrots	Brussel Sprouts	Broccoli	Baked Beans
STEP 3 Then add					
	Pasta	Pasta	Roast Potatoes	Mixed Rice	Chips
	or	or	or	or	or
	Herby Diced Potatoes	New Potatoes	Pasta	Pasta	Pasta
STEP 4 ...and to finish! Choose from a tasty selection of Puddings					
	Carrot Cake and Custard	Apple Pie and Custard	Chocolate Sponge and Custard	Banana Loaf and Vanilla Sauce	Cocoa Brownie and Custard
	or	or	or	or	or
	Cheese & Biscuits Fresh Fruit & Yogurts	Cheese & Biscuits Fresh Fruit & Yogurts	Cheese & Biscuits Fresh Fruit & Yogurts	Cheese & Biscuits Fresh Fruit & Yogurts	Cheese & Biscuits Fresh Fruit & Yogurts

Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information