Highfield School: Independence Overview



At Highfield we work to create independent learners who can confidently engage in everyday situations through travel, shopping, cooking and self-care, to ensure health and wellbeing in a safe and resilient manner. -Independence means self-confidence, self-esteem, self-advocacy and success. This is what we strive for and aspire to, for every individual.

Cooking

Make independent choices and decisions with confidence and success

Explore, select and use equipment for a specific task

Understand and use hygiene and safety practices consistently

Engage, embed and use a range of information (verbal/visual/written) to work independently

Community Education

Develop our Money Skills, to practically use in the Community

Accessing a range of Leisure and Essential Facilities

Access a Range of Public Transport in a Safe Manner

Intent

Our independence curriculum focuses on supporting pupils as they . . .

 Gain confidence to make independent decisions and motivated to complete independent tasks in a range of environments, reflecting on their mistakes and successes to learn, build resilience and move forward. Equipping students with skills to live independently in a safe and positive way engaging and interacting with confidence.

Implementation

Independence is delivered at Highfield through the following programmes:



Accreditation

- Entry Level Certificate: Entry Levels 1, 2 & 3
- Functional Skills: Entry Level 1, 2 & 3 and Levels 1 & 2
- WJEC Pathways Entry 2 & 3
- Certa Skills for Further Learning & Employment Entry 3 & Level 1

Travel Skills

Travel Safely around the community and use a range of public transport methods.

Plan routes, follow directions and interpret signage.

Recognise hazards and build resilience for unplanned situations whilst using appropriate social skills.

Self-Help Skills

Develop problem-solving skills by using strategies, everyday technologies, Self-determination/advocacy and working alongside supported agencies.

Promote independent living through Home Management, Health & Hygiene, Personal care and Health & Safety skills.

Enhance Social Skills, Communication participation, Peer relationships, Leisure & Recreation.

Support Transportation, Personal Finance skills and a Career path too employment.